

Course Description

10km Trail Run and Relay – September 28th

Sunday's 10km Trail Run and Relay will travel along a single loop that will feature the spectacular scenery of the Callaghan Valley and the 2010 Games facilities of Whistler Olympic Park.

The event will start in the Cross Country Stadium with runners completing a lap before exiting to the trails at the south end of the facility. The path will take runners down the ambling cross country connector before making a sharp turn around 1km into the race and heading up the first hill of the race, a moderate climb up a wide, crushed gravel trail. Once over the crest, the trail will wind around the Olympic Blue trails before heading north into the Biathlon stadium – site of the first relay exchange. Runners will be treated to an up-close view of the Olympic Biathlon facility passing by through the 'shooting gallery'.

Exiting the stadium at the north end, the path will continue along the Biathlon Blue trail, winding back into the Biathlon stadium and connecting to the Biathlon Connector. This long, flat stretch approximately 1km long – will make its way to the 'Hub' west of the cross country stadium. Follow the course markers onto the Inside Passage and continue traveling west past the second relay exchange. Runners will cross over a creek, turn left, and begin traveling south along Inside passage, towards top of the world. Following the trail as it veers east, the trail will meet a three-way junction beneath the Callaghan Valley access road. Turn left on Over Easy and run beneath the overpass making your way along Around the World and up the hill to Top of the World where you will be treated by an incredible view of the valley and Black Tusk, provided the weather is cooperating!

Head back down the trail, passing runners in the opposite direction and follow Half Way Around the World and eventually back on to Around the World. As you near the underpass again you will pass the third relay exchange and an aid station to grab some water. Now back on Inside Passage the trail will meander through the forest, heading south towards the Ski Jump facility. Turn right onto Outrun and travel beneath the main road. Make sure to look up as you emerge from under the overpass to see the Olympic Ski Jumps towering above you. As you reach the landing area turn left onto wax tester, the final stretch before entering the stadium. Upon entering the stadium runners will be directed to the right to complete a lap before finishing.